

10 THINGS YOU CAN DO TO HELP LAKE ERIE  
(Courtesy Beth Sibbring – Lakeside Chautauqua)

1. Show up at meetings and events to learn about the issues and express your support for finding solutions to the challenges.
2. Let your congressional representatives know that you want to protect our lake - here's how:  
[https://www.senate.gov/senators/contact/senators\\_cfm.cfm?State=OH](https://www.senate.gov/senators/contact/senators_cfm.cfm?State=OH)  
[http://www.house.gov/representatives/#state\\_oh](http://www.house.gov/representatives/#state_oh)
3. Take a trash bag on your next lakefront walk - and fill it.
4. Get a reusable water bottle - and use it.
5. Dispose of old/unfinished prescriptions properly - without flushing.  
Find an authorized disposal location here:  
<https://apps.deadiversion.usdoj.gov/pubdispsearch/spring/main?execution=e1s1>
6. Stop using chemicals on your lawn.
7. Get at a rain barrel and use the water for your garden.
8. Turn off the faucet when brushing teeth or shaving.
9. Make a tax-deductible financial donation to the [Lake Erie Foundation](#) or another organization working to protect the lake.
10. Share this list with others.